

FUNDED PARTNERS

OUR FUNDED AGENCIES,
PARTNERS AND
OUR CONTRIBUTION



United Way
Brandon & District



BRANDON

ABOUT UNITED WAY

Imagine having 32 opportunities to make a difference in someone's life. Imagine having a chance to offer help to someone in 32 different ways. This is our goal at United Way Brandon & District. We partner with 22 agencies throughout our community which run 32 different programs to help individuals in need. In addition to the programs from our partner agencies, we offer the Tools for School, Coats for Kids, Summer of Service and School Readiness programs along with many other initiatives throughout the year.

Your support for United Way Brandon & District, whether it be big or small, makes a difference and creates opportunities. You could be creating change in someone's life without even realizing it. Thanks to your volunteer hours, donations, gifts in kind, and countless other efforts we are able to offer a hand up not a hand out to the members of our community.

It is our promise to you that 100% of your donor dollars are put right back to work in our community to help combat the root causes of the issues we face and to create a powerful lasting change for all of us. With a Provincial Operating Grant and Special Events Revenue covering all of our wages and administration costs, we guarantee that every single dollar donated is impacting someone's life around us. Your donation can provide food and shelter, offer a safe place for kids to play before and after school, and provide individuals with disabilities the resources and support they need.

Together we are giving those in need a shot at a better life through the tireless efforts of our Partner Agencies, businesses in our community, government sectors, and individuals.



**Moving People from
Poverty to Possibility**



**Building Strong
Communities**



**Helping Kids Be All
They Can Be**

We are all working together on achieving the United Way's mission of:

When we all work together we can inspire change. We have witnessed the true impact that your dollars have had in our community. We know that individuals can rise from difficult situations when given the chance. Thanks to the support of local businesses, individuals, the government sectors, and our Partner Agencies these chances are provided every year.

We sincerely thank each and every person who supports the United Way Brandon & District!

OUR VISION & MISSION

- Everyone in every community has the opportunity to reach their full potential.
- Empower everyone to improve lives and build strong communities.

OUR CORE VALUES

- Demonstrate trust, integrity, respect, inclusivity, and transparency.
- Energize and inspire volunteerism and volunteer leadership.
- Endorse innovation, partnerships and collective action.
- Provide non-partisan leadership.
- Embrace diversity.





MOVING PEOPLE FROM POVERTY TO POSSIBILITY



\$24,000

HELPING HANDS SOUP KITCHEN OF BRANDON Coordinator Position

- The Coordinator is crucial to the operation of the soup kitchen. They help the only other paid employee (the cook) coordinate the volunteers preparing the meals, serving the meals and cleaning up afterwards. They are responsible for supervising the eating area to ensure a warm and safe environment for the guests. They are also on hand to accept and supervise any donation of food and money.
- Helping Hands Centre strived to meet the needs of the vulnerable in Westman are by providing nutritional meals and assistance in a warm, caring and safe environment.
- They depend on donations from local businesses, farmers and community members.
- Over 34,683 meals were served last year, averaging 100 people per day.





\$9,250

SAMARITAN HOUSE

Hamper Program Food Purchase

- The Samaritan House food bank is the second largest in Manitoba, distributing between 80 – 100 hampers per day. This number is steadily rising and Samaritan House Ministries is dedicated to providing healthy food for struggling individuals and families in our community.
- About 50% of the families using the hamper program have children.
- Over 27,000 hampers were distributed last year.
- They need approximately 150,000 pounds of food to provide for the basic food needs.
- All the food distributed is generously donated by corporate and private donors.
- Each client must have a valid ID with an address. Manitoba Health cards are the most common. A food hamper is provided once every two week to individuals and families. Breads, vegetables, personal hygiene, clothing and household items are provided all week, Monday to Friday.



\$12,500

SAMARITAN HOUSE

Safe & Warm Shelter

- The shelter is to provide a safe and warm space for the night during winter months. The shelter is a basic cot and blanket format.
- Those requiring emergency shelter are required to register with the receptionist at Samaritan House by 4:30 pm. An intake process is completed and staff establishes the connection necessary to begin assisting the individual in working towards a more long term housing solution. A key goal of the intake process is to identify individuals who are suitable for the housing first program. All clients are given a warm meal and a light breakfast and any clothing or hygiene items they may need during their stay. The shelter hours are 7 pm to 9 am and is staffed with one support worker and one security guard.
- Some common causes of homelessness include family conflict, mental health or addictions issues and ramifications of the legal system and a lack of strong life skills.
- Over 300 individuals used the shelter last year during the months of November 1 to March 31st, the shelter was able to extend it opening to April 30th this year due to an unexpected funding from the City of Brandon.





BUILDING STRONG COMMUNITIES



\$15,484

BRANDON LITERACY COUNCIL

Life Skills/Literacy Instructor

- The mission is to empower individuals by providing them with opportunities to improve their skills, which include adult literacy and adult learning centre programming, allowing them to participate more fully in life. This will aid in developing essential and life skill competencies necessary for improved health, education, employment, economic standing and full social engagement resulting in a better quality of life for families and the community.
- Individuals are taught how to navigate the digital world and how to use online resources and information in order to enhance their lives and become responsible digital citizens.
- The program consists of nine key components including; digital access, online commerce, communications, literacy, etiquette, law, rights and responsibilities, health and wellness and, lastly security.
- Individuals are taught more than basic computer mechanics, in additions to becoming familiar with Windows 10 operating system and Microsoft programs such as Word, Excel and Outlook. They would learn how to protect their identity, make appropriate choices, balance screen time in their homes and come to understand the impact their digital footprint has on their lives.





CHILD AND FAMILY SERVICES
OF WESTERN MANITOBA

\$17,500

CHILD & FAMILY SERVICES

Elsbeth Reid Family Resource Centre

- The ERFRC is a non-profit centre that provides family and parenting support, education, information and awareness to community families. It is an informal, friendly, safe, welcoming and warm place where families are known by name, parents are valued and children are nurtured.
- The Centre offers over 40 different parenting education courses, support groups, family literacy, newcomer Canadian, parenting outreach, community presentations, networking and play opportunities.
- The Centre also provides daytime on-site quality child care (including pre-arranged respite care) daytime transportation (within city limits) to and from the Centre, a drop-in area, an on-site thrift store, and a variety of volunteer opportunities.
- Programs and services are easily accessible to all community members regardless of age, marital status, income, gender, or cultural background and many are available at no cost to the participant.
- Statistics show that parenting programs can help prevent family breakdown, criminal acts and children being placed in care of a child welfare agency. They help address these needs by offering a wide range of family strengthening programs and supports open to community members from all back grounds and life circumstances.
- The programs and services were accessed 10,114 times last year (several of the same individuals participated in many programs).



\$20,000

CNIB FOUNDATION

Peer Support and Sports & Recreation Programs

- The "Live" Program is about building a rich, full life with blindness. They connect participants with a community of support and helps them enhance their daily living skills so they can seize the future with confidence with a peer support group.
- The "Play" programs make having fun easy. These programs are all about connecting with others and showing that people with sight loss can do anything.
- The CNIB programs enable individuals connect with others, and maintain a quality of life. They feel better able to manage their vision loss as well as creating a strong support network of people who understand and can validate their feelings.
- The funding provided by the United Way has helped in decreased levels of social isolation through social engagement and gain information and knowledge about their vision loss and how to cope with it.
- 34 individuals participated in the programs last year.





BUILDING STRONG COMMUNITIES



\$20,000

COR ENTERPRISES

Vocational Training & Supports

- This organization provides vocational training and work for adults living with developmental disabilities. Their mission:
 1. Provide an environment for program participants to develop and learn life and work skills necessary for seamless integration into society.
 2. Promote awareness, understanding and acceptance of the abilities of program participants by ensuring that the service and work we provide is of the highest quality.
- Their goals are:
 1. To teach adults living with developmental disabilities the vocational and workplace skills that lead to securing community-based volunteer positions and/or employment.
 2. To teach clients to access community-based programs and services of their choice such as recreation, leisure and seniors programs.
 3. To promote the abilities of adults living with a developmental disabilities.
 4. Individuals will experience increased social interaction, gain confidence and self-esteem.
- United Way funding provides COR with the opportunity to assist their clients in:
 1. Learning appropriate work skills and habits and gaining an increased level of self-sufficiency, increased social interaction and confidence, knowledge about available choice/options and the supports that are accessible is decision making.
 2. Offering individuals the opportunity to enjoy the same quality of life, acceptance, and a safe, fulfilling and happy life.
- Approximately 63 clients are supported on a daily basis through COR Enterprises vocational training & support program.





\$3,500

FAMILY VISIONS

Community Recreation Activities Program

- Family Visions is a non-profit organization that supports adults with intellectual disabilities by providing residential and day services for individuals.
- The CRA Program provides the participants with a recreational activities during the day with support staff available, many programs are not accessible in the evening.
- These activities and social interactions help decrease feelings of isolation, depressions and inclusion in the community.
- They also provide an opportunity to practice life skills, better physical and mental health, and in some cases more independence and self-sufficiency.
- The clients have access to computers for community engagement (social media), job searching, resume development and educational material for their personal growth and development.
- The program is able to purchase passes and memberships to some social clubs so the clients can feel included in the community (YWCA & ANAF). Summer & Winter Fair tickets as well as excursions to local attractions.
- 12 individuals participate in this program on an annual basis.



\$8,000

FAMILY VISIONS

Hot Meal Program

- In support of the CRA Program, Family Visions also offers a hot meal program 2 days a week for the individuals and staff who participate in the program. It also contributes to a skill building activity as the participants are involved in the meal preparation, cooking and serving.
- The program also offers holiday meals for the individuals & staff that we support, 35 individuals in total for the year.





BUILDING STRONG COMMUNITIES



\$15,000

LEARNING DISABILITIES ASSOCIATION OF MANITOBA (LDAM)

Parent Support Group, LD Adult Tutor Program, A Place to Be Program

- This organization has been funded for 35 years by the United Way.
- Provides various levels of support to those individuals being identified as having a learning disability and/or attention deficit hyperactivity disorder (ADHD) and their families. Some of the LD adults may also identify as mentally and physically disabled as well.
- Provides Information Sessions/Parent Support Group in partnership with Brandon University. This features a presentation with a guest speaker and support group afterward, every month. The support group provides sound information to assist their child/adult break down the barriers in employment, housing, availability of programming and services and support in the community.
- Adult Tutor Program offers a practical learning program for individuals who are identified as being adult learning disabled. This includes functional literacy, life skills and practical learning such as banking, grocery shopping and transportation. Functional practical learning can lead them to garnering a first job, even independent living. Many of the LD adults graduate from high school. There are not a lot of organizations that support the identified persons in the community or the workplace.
- "A Place to be" program works collaboratively with BBBS to spend an evening of fun for the LD Adults in a mentorship and friendship building by playing games, other activities and performing karaoke. Some of the adults have made a friend for the first time in their lives in this group, they are always excited to come back and meet new people and have fun in this positive mentoring environment.
- A total of participants in these programs was 206.





\$10,000

MOOD DISORDERS ASSOCIATION OF MANITOBA

Continued Enhancement & Expansion of MDAM Programs

- MDAM's purpose is to help others to help themselves through peer support, education and advocacy. They increase public awareness about Mood Disorders and empower people to develop and manage mental wellness.
- The Enhancement & Expansion program's mission is to provide peer support groups, informational programs to enhance knowledge and strategies for living in mental wellness for seniors, people with addictions, school populations and youth groups in the Westman area.
- MDAM also partners with other organizations to provide support to the Men's Activity Club, engaging older men in a workshop setting, as well as partnering with the Center for Adult Psychiatry (Brandon) and Crisis Stabilization Unit. On average MDAM provides support services to 30-40 people each week.
- MDAM serves to create stronger communities and encouraging individuals to manage their illness and to also gain an increased realization of their inherent potential.
- Over 3,000 youth, adults and seniors have been served by this program in the last year in Brandon & Westman Area.





BUILDING STRONG COMMUNITIES



\$6,500

SEXUALITY EDUCATION RESOURCE CENTRE (SERC)

Let's Talk Phase 6

- The Let's Talk Program has three components: community workshops for youth and parents/caregivers, community forum for general public, a yearly sexual health campaign.
- The community workshops for youth are held in schools and youth serving organizations. They address sexuality and reproductive health issues such as changes at puberty, positive choices, consent, healthy relationships and decision making.
- The parent/caregiver workshops are hosted in house and educate and inform adults "Talking with your children about sexuality." The most frequently mentioned topics were relationships, consent and condoms.
- A yearly community forum is held to provide education on sexuality and reproductive health. The forum is used to showcase SERC's resources and programs as well as provide education on sexual health related topic. The forum is open to all youth and families.
- The sexual health campaign is used to educate the broader community on healthy sexuality and consent. They consult with local youth to determine what messaging and resources will best suit their needs. Promotional materials and advertising are purchased to promote positive sexual health messaging and resources to an available free lending library.
- 3,567 individuals participated in the Let's Talk Program last year.





\$10,000

SUICIDE PREVENTION IMPLEMENTATION NETWORK (SPIN)

Administrative Support Staff

- SPIN is a network of community people working together to build resilience and mental well-being, promote awareness about suicide, increase suicide intervention training to identify people at risk, enhance awareness of crisis services and community resources, encourages people in distress to seek help and provide supports to those bereaved by suicide.
- SPIN has been able to provide more outreach and enhanced their visibility in the community by providing more professional and consistent promotion of resources and events. The speed of delivery and responding to request has improved which means that we are able to get our message out to more community members.



\$7,989

ST. JOHN COUNCIL FOR MANITOBA INC.

Medical First Responder Volunteer Program (Training & Equipment)

- St. John's Ambulance delivers reliable and sustainable community services by trained volunteers to provide Medical First Responders (MFR) program. MFR provide first aid coverage, treating the sick and injured and saving lives at events throughout Brandon and Westman. The volunteer program offers individuals valuable lifesaving and job training skills as well as opportunities to give back to the community and connect with others.
- Due to the increase need and demand, the program requires additional trained volunteers in order to provide sufficient coverage and equipment to treat the sick and injured at events hosted in Brandon and area.





BUILDING STRONG COMMUNITIES



\$30,000

THE COUNSELLING CENTRE

Subsidized Therapeutic Counselling Program

- The Counselling Centre offers hope, healing and encouragement for daily living by providing professional affordable counselling to individuals, couples, families and groups.
- They ensure affordability and accessibility through the employment of a sliding fee scale. Fee for service is assessed on the basis of the client's income. If a client is unable to pay the fee at all, professional service is provided completely free of charge.
- They are particularly sensitive to the need for outreach to those who experience isolation exacerbated by race, gender, sexual orientation and economic distress. Their goal of the program is to increase the client's sense of well-being in order that they are better able to function at home, work and ultimately in a social and community setting.
- Individuals have access to the assistance and services they need in order to learn the skills necessary to achieve emotional well-being. They assist some of the most vulnerable members of our community.
- Over 1300 individual accessed the Centre's services last year.





John Howard Society of Brandon

\$47,500

TOTAL AMOUNT
FOR ALL PROGRAMS

Building Healthy
Relationships &
Adult Anger Management
Men's Resource Centre
Youth Anger Management

JOHN HOWARD SOCIETY OF BRANDON (JHS)

Building Healthy Relationships & Adult Anger Management

- This program is available to adults who identify with anger management or an unhealthy relationship concerns, many of these individuals are at risk of being or are currently in conflict with the law.
- The program addresses root causes of crime and violence with a focus on personal and emotional needs that have been identified as risk factors for the behavior such as; anger, aggression, frustration tolerance, impulsivity, problem solving and interpersonal relationship skills.
- This program offers information and the opportunity to learn new skills to cope with anger and aggression and make more positive choices for themselves, their partners, and their children. Also the ability to manage potentially anger arousing situations, as well as understanding and developing health, violent free relationships, and developing positive, coping skills.
- Last year 187 individuals participated in this program.

John Howard Society of Brandon

\$47,500

TOTAL AMOUNT
FOR ALL PROGRAMS

Building Healthy
Relationships &
Adult Anger Management
Men's Resource Centre
Youth Anger Management

JOHN HOWARD SOCIETY OF BRANDON (JHS)

Men's Resource Centre

- The Men's Resource Centre offers a safe and supportive space for men and their families to access resources and information.
- The centre provides programs, services and individual support on issues affecting men and their families.





BUILDING STRONG COMMUNITIES



\$30,000

THE WOMEN'S RESOURCE CENTRE (WRC)

Community Resource Advocate

- The Advocate is integral to the success of the WRC. They help equip women with information and resources to make informed choices in difficult situations.
- The Advocate helps women to problem solve and identify resources available in our community, assist women in filling out forms and applications such as Manitoba Housing and providing letters of support.
- The Advocate's most critical role is to serve as a Protection Order Designate, they assist in the application process, accompanies the applicant to court to present the application and develops a safety plan afterwards.
- The Advocate assists women with completing third-party reports of sexual assaults, referrals to the Women's Shelter, attending medical and legal appointments and accompanying women to court proceedings. Also assists with the completion of victim's compensation forms, completing the forms and attending court for protection orders, finding adequate and affordable legal counsel, attend meetings with legal counsel and police as requested.
- 407 women were assisted by the Advocate last year.



\$14,000

THE WOMEN'S RESOURCE CENTRE (WRC)

Drop-In Breakfast Program

- The drop-in centre is open to self-identifying women and their children four days a week. The target population is identified as low or unreliable income, homelessness, crisis and domestic violence.
- The program provides an opportunity to have breakfast, access to a computer and phone services, collect information or referrals to external agencies, review housing listings, and a casual safe place to share a conversation or cup of coffee with a friend.
- Over 3,700 women accessed the drop in centre last year.





\$12,000

WESTMAN APHASIA INC.

- The main purpose is to support the communication and psychosocial needs of adult individuals living with a moderate to severe chronic impairment known as aphasia, and their families and caregivers.
- They provide training and support to these individuals and their caregivers to help them communicate effectively once again and to adjust to the psychosocial issues that result from living with this disorder.
- They also provide workshops twice a year for health care professionals and students, their volunteers and caregivers and family members.
- The ultimate goal is to improve the quality of life for individuals with aphasia and their families and to assist in the re-integration back into their communities.
- A total of 62 individuals were served by this program.



\$10,000

WESTMAN IMMIGRANT SERVICES (WIS)

Family Program

- The Family Program seeks to provide support to these newcomer families to make their settlement and adaptation to Canada a positive experience. Supports are provided specifically in terms of parenting their children away from their homeland, and providing information about Canadian laws on parenting and domestic violence, culture shock, overall health and well-being of the whole family, and understanding the various cultures present in their community.
- The program is also supported with services such as transportation, child care, interpretation and translation to break the barriers for newcomer families to access our services.
- Over 2,800 newcomer families were supported by the Family Program.





HELPING KIDS BE ALL THEY CAN BE



\$10,000

BIG BROTHERS BIG SISTERS

- United Way funding is essential to the organization and enables us to provide this mentoring program and the mandatory screening process that every volunteer must complete and pass. Safety is key to this program and the caseworkers are diligent in making contacts with all parties on an ongoing basis, especially during the first year when trust and commitment are being established.
- It is often many years later that we see the results when that child is the first in their family to go to university or they have made positive life choices for themselves despite their circumstances. We have been told by many former Littles that they wouldn't be where they are now if not for BBBS program.



\$24,000

BRANDON'S FOOD FOR THOUGHT

- Program operates 4 breakfast schools and 14 snack school, offering a nutritious breakfast, lunch and snack options at no cost to the families.
- The goal is to educate children, their families and our community about the effect that hunger has on a child's ability to learn.
- Families access the program due to a variety of factors including working/shift hours, different cultures, bussed students, cost of food, economy and housing.
- The numbers continue to increase as well as the cost of food.
- Several community partners help support this program.
- This program can make a difference in the youth of our community by offering a nutritional breakfast, lunch or snack, studies have shown that children who eat a nutritious meal or snack will be better prepared to learn throughout the day-this also helps with better attendance, school behavior, less headaches, sleeping in class and an increased awareness in nutrition.
- 1 in 8 students attend school hungry and we want to work as a community in decreasing these numbers and issues that arise with hunger.
- Over 100,000 food options were served last year in 18 schools.





\$15,000

CHILD & FAMILY SERVICES OF WESTERN MANITOBA

Preschool Enrichment Program

- PEP is an early childhood learning and child care centre that offers vulnerable and at-risk children a variety of learning opportunities and experiences vital to their healthy growth and development and that involves their parents in the learning process.
- The preschool provides a safe and caring environment where children and families are respected for their uniqueness. The play-based, child and family focused curriculum includes one to one and small group interactions and activities that support each individual child's development and learning.
- Parental involvement is an important part of the PEP and studies explain that parents are the most important people in their child's education and academic success. PEP parents are given support, education, resources and tools to help them help their children learn.
- PEP sees many children with speech and language delays, to address this, all Preschool staff have training through a speech and language pathologist and a program called Teacher Talk. These training sessions help them use everyday conversations, play and daily routines to promote the communication and social development of all children, including those with language delays and those who are second language learners.
- United Way funding provides transportation for the children and families to and from the preschool, special programming such as language development and enhancement, parenting education, information and awareness programs, food for nutritious lunches and extra support for children with a variety of needs.





John Howard Society of Brandon

\$47,500

**TOTAL AMOUNT
FOR ALL PROGRAMS**

Building Healthy
Relationships &
Adult Anger Management
Men's Resource Centre
Youth Anger Management

THE JOHN HOWARD SOCIETY (JHS)

Youth Anger Management Program (YAMP)

- YAMP works with youth who are or at risk of being in conflict with the law through educational programming and counselling. Their goal is to assist the youth in developing greater self-awareness and improved interpersonal skills to help manage their anger, eliminate aggressive violent behavior and learn to interact in society in a positive manner that respects their rights and the rights of others.
- The program divides the groups according to age to allow a more age appropriate learning, also with maximum of 6 participants per group to provide individualized programming. This program is offered in the Brandon School Division as well.
- The group is facilitated by a counsellor and a volunteer, each session covers a different topic and skill;
 1. to manage anger, aggression,
 2. warning signs and time out,
 3. thinking and perception, early anger messages,
 4. communication, assertiveness,
 5. stress, drugs and alcohol.
- Each youth develops a personal plan for managing their issues which they take onward with them when they have completed the program.
- The program had 42 youths participate last year and the numbers are increasing year over year.



\$30,000

YMCA

Before & After School Program

- The B&A School Program provides a safe, supervised and fun program for children in the neighborhood school. It supports working families that require care before and after school to bridge the gap of their workday and school hours.
- This program provides this service at a modest fee compared to other community options. Lower income families are able to access the program and can apply for a subsidized rate based on their family incomes.
- This program prevents many children from being home alone both before and after school. Due to the lack of licensed childcare options in our community many families are unable to find affordable care for their children. Six schools now have a waitlist for this program.
- 715 children have been served by this program.





YOUTH FOR CHRIST Lit Group

\$10,000

- Lit Groups is an after-school/spring break/summer literacy support program for students in grade 3-6.
- Our goals:
 1. Provide quality literacy programming for young students.
 2. Provide free extra-curricular activities for economically marginalized youth.
 3. Mobilize our wider community and create opportunities for them to engage with marginalized youth (this includes volunteers in the program as well as bakers and others who provide food or guest speakers who share their experiences).
 4. Support young students during the gap sessions of spring and summer breaks when economically marginalized youth suffer the most educational slippage as compared to their peers.
- The Brandon School Division Continuous Improvement report indicated that 30-40% of middle school students are not reaching grade level reading and writing.
- If a student doesn't achieve at least a grade 8 reading and writing level by the time they enter high school it's very unlikely they will graduate.
- All the partnering schools have a wait list for the program.
- Lit Groups offers free literacy supports, healthy food options and a caring community during a vital time.
- A total of 76 students participated in the program last year.





HELPING KIDS BE ALL THEY CAN BE



\$10,000

YOUTH FOR CHRIST Common Spaces

- There are no local second stage housing with supports for youth coming out of intervention programs who want to stay free of their addictions here in Westman.
- The goal is to break the cycle of addictions by creating a healthier community where young people can build the habits and strength to maintain their freedom from addictions.
- Program is designed with heavy influence from successful Indigenous programs.
- We have established partnerships with the Friendship Centre, MMF, AFM, PMH and a number of local churches.
- We have professional counselors on staff, although our goal is to network youth with a larger community so we try whenever possible to have the youth receive professional support from outside WYFC.
- Our goal is independence, so we try and integrate youth into the larger community developing their own ability to handle situations as they arise and working to support youth, but not to make them dependent.
- Total # of expected participants is 30 between the age of 17-29 yrs.



\$1,000

YOUTH FOR CHRIST Create Art Program

- Create is an art community for at-risk and marginalized youth. A barrier free meeting place for youth to express their creativity among peers.
- This program offers an opportunity for structured creativity with supportive staff and volunteers who journey with youth as they explore personal, social and cultural/faith experiences together through various creative mediums. There is a heavy focus on positive community, belonging, and mental health.
- A vital part of the program is the shared meal. Food is donated by local businesses and individuals. Extra food is sent home with individuals.
- Positive networking with community resources (Create is an access point for Housing First, Uturn, addictions recovery housing, as well as other community social supports) to enable at-risk youth to better navigate the system.







United Way
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201-1011 Rosser Ave.
Brandon, MB R7A OL5

P 204.571.8929 | F 204.727.8939
office@brandonuw.ca

www.brandonuw.ca